

Memoir Ideas

When we write memoir, we draw upon certain significant events in our lives. These events often fall into the following categories:

- **Special People and Their Relationship with You**
- **Special Pets and Their Relationship with You**
- **Famous Firsts (the first time something happened or the first time you were able to do something)**
- **Changing Moments (moments when you realized something happened that changed who you were/what you believed a little)**
- **Family Traditions**
- **Special Places**
- **Trips and Adventures**
- **Exciting Moments**
- **Funny Memories**
- **Accidents**
- **Painful/Sad Memories**
- **Scary Times**
- **Hobbies**
- **School Events**

Reflect on the following questions as you choose a topic for your memoir and as you write it. You will not need to answer every one of these questions for every single memoir, but think about and/or write about some thoughts you have after reflecting:

- Who/What is the special person/pet/object?
- What was the problem? How was it solved?
- What is the special event (or special tradition)?
- What is the actual memory?
- When did the memory occur?
- What was your experience? How did you feel during the event?
- Why is it important to you?
- Why or how did it change your life? **OR** What did you learn from solving this problem/going through this experience?